



EMAP OPEN CHAMPIONSHIPS - BELT SYSTEM

We use the Traditional Taekwon-Do belt system, as this is used by the majority of our clubs. When completing competitor registration, you'll be asked for your grade — this is set to the Taekwon-Do belt order. If your club uses a different system (for example kickboxing or karate), please enter your competitors as the Taekwon-Do equivalent grade, so everyone is grouped correctly on the day.

BEGINNER COLOUR BELTS

- 1st Grade - White Belt (10th Kup)
- 2nd Grade - Yellow Stripe (9th kup)
- 3rd Grade - Yellow Belt (8th kup)
- 4th Grade - Green Stripe (7th Kup)
- 5th Grade - Green Belt (6th Kup)
- 6th Grade - Blue Stripe (5th Kup)

ADVANCED COLOUR BELTS

- 7th Grade - Blue Belt (4th Kup)
- 8th Grade - Red Stripe (3rd Kup)
- 9th Grade - Red Belt (2nd Kup)
- 10th Grade - Black Stripe (1st Kup)

BLACK BELTS - The higher the number the more experienced.

- 1ST Degree
- 2nd Degree
- 3rd Degree
- 4th Degree
- 5th Degree
- 6th Degree
- 7th Degree
- 8th Degree